



# J. A. WILLIAMS HIGH SCHOOL

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April 28, 2019

## RE: Sexuality Presentations

Dear Parents / Guardians,

It is our responsibility to inform you about presentations on sexual health education so you can make an informed decision about your child’s participation in this learning. The University of Alberta’s **Students’ International Health Association (SIHA)** is involved with community and public school health education across the province. In conjunction with organizations such as Alberta Health Services and HIV Edmonton, SIHA has developed a curriculum of health education for students, including the following topics:

### Topic 1: HIV, STIs, and YOU- Think Positive. Test Negative.

This program was developed in association with HIV Edmonton and provides basic information about Sexually Transmitted Infections (STIs) and HIV. The presentation promotes harm reduction, and emphasizes that STIs are preventable with safe habits, but can cause serious damage if they are left untreated. The presentation describes the three basic causes of STIs: bacteria, viruses and parasites. It covers transmission of STIs, common symptoms, and highlights that often STIs may be asymptomatic. The presentation includes a female and male condom demonstration and information on safer sex including abstinence.

### Topic 2: Contraception and Pregnancy

This program covers some basic anatomy and physiology of the body, as well as all major contraception methods and their effectiveness. We also discuss teen pregnancy and explore students’ thoughts/perceptions around teen pregnancy, and offers a chance to dispel misinformation.

<b>Monday May 6</b>	Block 4: All grade 11 students Starting at 2:20	Topic 1: HIV, STIs, and You
<b>Tuesday May 7</b>	Block 4: CALM CLASSES and Grade 9 Classes	Topic 1: HIV, STI and You
<b>Wednesday May 8</b>	Block 4: All grade 11 students starting at 2:20	Topic 2: Contraception and Pregnancy
<b>Thursday May 9</b>	Block 4: CALM CLASSES and Grade 9 Classes	Topic 2: Contraception and Pregnancy

There also will be a **parent information session** on May 6 at 6-8pm at J. A. Williams High School. Please feel free to attend should you have any questions or concerns. (see attached)

**Please contact the front desk at JAWS if you do not wish your child to attend these presentations on sexuality – 780 623 4271 or [conal.donovan@nlsd.ab.ca](mailto:conal.donovan@nlsd.ab.ca)**

Mr. C. Donovan - Principal  
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*Working together to help every student learn and excel.*



STUDENTS INVESTED IN HEALTH ASSOCIATION:

# PARENT PRESENTATION

**MONDAY, MAY 6**

**6 TO 8 PM**

**J.A. WILLIAMS HIGH SCHOOL**

In this free session, the University of Alberta group Students Invested in Health Association will teach you how to talk to your teens about topics that they'll learn in school presentations. Discover how you can reinforce healthy lifestyle habits and discuss difficult issues like sexual health. This is also your chance to let the Health Association know what challenges local teens are facing; they'll cover other topics in their upcoming student presentations based on your feedback.

**FOR MORE INFO, CONTACT CHRISTINE AT 780-623-6754 OR  
CHRISTINE.MARTIN@LACLABICHECOUNTY.COM.**

