

JAWS Bits 'N' Bites

February 4-8, 2019.



JAWS Students Invited to Wellness Conference February 22!

The Northern Lights Public Schools Student Voice team surveyed their fellow high school students across the division, and overwhelmingly students identified anxiety, stress, and mental health as the number one barrier for their success. That's why JAWS supports our students attending the 2019

Discovering Your Best Self

Youth Conference. In collaboration with multiple agencies and community organizations, the LLB and Area Family Violence Program is organizing a day of learning that will feature two keynote speakers, as well as morning and afternoon breakout sessions for your child to explore topics surrounding wellness and mental health for youth. A letter has been sent home with a permission slip and more details; **please return the form signed by Friday February 8th** so your child can sign up for their breakout sessions!

What are the things that impact your success?

Mental Health/Anxiety/Stress/Pressure	328
Fear of the Future/High Expectations	290
Balancing School Work and/or Family Responsibilities	221
Lack Of Motivation	209
Lack Of Breaks/Opportunity to Rest During The Day	162
Difficult To Complete At Home/Outside of School	146
Feeling That It's Taboo To Ask For Help	142
Family Issues	139
Lack Of Consideration For Learning Styles	136
Lack Of Freedom To Be Active/Move Around	128
Peer Pressure	123
Lack Of Variety Of Courses Offered	115
Bullying/Behaviour Of Other Students	103

Important Dates

Feb 12 - JackTalks

Feb 13-15 - Teacher Convention (no classes)

Feb 18 - Provincial Family Day (no classes)

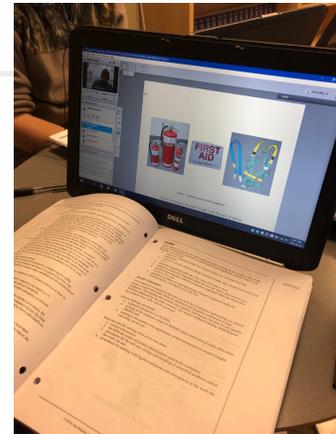
Feb 22 - Wellness Conference

Feb 27 - Community Engagement Session at JAWS

Heavy Equipment Technician Training at JAWS !



Duel Credit programming allows students to earn post-secondary credit for our students while they are still enrolled at JAWS! Good luck to Donovan and Hunter as they begin their first module for apprenticeship in Heavy Equipment Technician (HET) through Portage College, with hands-on technical training in July! Contact lisa.dribnenki@nlsd.ab.ca for more information about other duel credit programming and apprenticeship training opportunities through JAWS!



PAC Corner

Join our JAWS Parents' Advisory Council Tuesday February 26 at 6:30pm to find out how you can help support student success! And don't forget to have your voice heard for our school division's direction by attending the NLPS Community Engagement Session on Wednesday February 27 6pm in the flex space. JAWS PAC needs volunteers! Earn **\$50** toward school fees by working a BINGO! **Feb 8, May 16, and June 8!** Contact Bonnie @ 780 404 5454 for details!